



# Panacea® EXERCISE BALL

## Owner's Manual

Thank you for purchasing the Panacea Exercise Ball from Direct Supply Equipment & Furnishings®, distributed by Direct Supply Manufacturing, Inc. Please read this entire guide carefully and keep it for future reference. This guide will provide you with instructions, warnings, warranty information and other important information about your Panacea Exercise Ball. Share this information with your housekeeping, nursing, therapy and maintenance staff to help ensure the products are cared for properly. Should you have any questions, please contact your Direct Supply Equipment & Furnishings account manager.

### Definitions

"We," "Us" or "Our": Direct Supply Manufacturing, Inc.

"You": The facility, community or other entity that has purchased the product.

**Product:** Panacea Exercise Ball

**⚠ WARNING:** a potential danger requires correct procedures or practices in order to prevent personal injury or death.

**⚠ CAUTION:** correct operating or maintenance procedures must be followed in order to prevent damage to or destruction of the product or other property.

### Safety Notices – Warnings

#### ⚠ WARNINGS

Read and follow all directions and warnings before using this product. Do not use this product without first reading and understanding this user manual. Damage, injury or even death may result from improper use of this product or not following directions and warnings.

**⚠ WARNING:** Inspect the products for damage before each use, and do not use if products appear to be damaged.

**⚠ WARNING:** Exercise Balls are not for use with individuals with reduced cognitive abilities.

**⚠ WARNING:** A caregiver should determine if the product may be properly used based on each resident's current health condition.

**⚠ WARNING:** Consult with your physical therapist, coach, trainer or physician before starting any rehabilitation or exercise program.

**⚠ CAUTION:** Perform exercises in a slow and controlled motion, in an open area.

**⚠ CAUTION:** Maintain proper posture throughout exercise session.

**⚠ CAUTION:** Exercise away from sharp objects that might puncture the ball or cause you injury. Remove sharp objects (i.e. rings) before you begin using your ball.

### Care for Use:

- Protect your ball from direct exposure to excessive heat. This includes radiators, direct sunlight and other sources of heat.
- Always keep ball away from sharp objects.
- When inflating, follow the inflation guidelines (to the right).

#### **SIZING** (Suggested ball diameter for use during seated activities.)

Always check with a therapist, coach or trainer to confirm the proper ball diameter based on your individual medical history and height.

Suggested Ball Diameter	Body Height
45 cm 17.7"	under 142 cm 56"
55 cm 21.6"	143 cm 57" to 160 cm 63"
65 cm 25.6"	161 cm 64" to 182 cm 72"
75 cm 29.5"	183 cm 73" to 200 cm 79"
85 cm 33.5"	over 200 cm 80"

#### **INFLATION**

Ball size reflects maximum inflation. An electric inflator may be used to inflate the ball to its approximate size. Maximum size may be realized by finishing the inflation process using a manual pump after letting ball settle.

Upon receipt of the product, inspect for damage. If the product is damaged or the wrong product was accidentally sent, **DO NOT USE IT**, and immediately contact Direct Supply Equipment & Furnishings for further instruction. Before each use, verify the product is undamaged and properly functioning. Do not use the product if you suspect it may be functioning incorrectly. The entire product can be wiped clean with a damp cloth and soapy water.

## Limited Warranty

We, Direct Supply Manufacturing, Inc., offer to you, as the original purchaser, a warranty for the Panacea Exercise Ball you purchase. Our warranty applies for the limited warranty period stated below. If any product or product part listed below is defective in material or workmanship during the applicable limited warranty period, we will repair or replace it at our cost. Please note that the decision to repair or replace a product or product part will be at our discretion. Our warranty applies only if the product is properly maintained by the original purchaser for normal, indoor use and does not cover normal wear and tear, modification of the product or damage caused by abuse, improper use, failure to maintain, use which exceeds the published product limitations or the combination of any product with another product. In addition, our warranty does not cover characteristics or natural variations in fabric, texture, colorfastness, stains, spills or exposure to excessive heat. In certain cases, we may provide you repair or adjustment instructions and/or replacement parts and ask you to perform a repair or adjustment or replace a defective part. Our warranty gives you specific legal rights, and you may also have other rights which vary from state to state. Please note that our limited warranty period begins when we ship the product to you. The limited warranty period and our obligations under the warranty end once you transfer the product to someone else or at the end of the applicable limited warranty period identified below, whichever is earlier.

Product	Warranty Period (Parts)	Anticipated Usable Product Life
Exercise Ball	12 months	12 months

Anticipated Usable Product Life is based on normal use with proper maintenance, cleaning and storage. You should still inspect, monitor and care for the product as described in this guide, as the product may need to be replaced sooner than anticipated in particular situations.

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## Customer Service

Our promise to you is that you will have a convenient and easy ordering experience, receive a quality product and enjoy outrageous customer service. If you have any questions about the product you have purchased or would like to request warranty service, please contact us at: **Direct Supply Equipment & Furnishings**, 1-800-634-7328, 6767 N. Industrial Road, Milwaukee, WI 53223, DearDirect@DirectSupply.net.



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