



3110 BICEPS / TRICEPS

Description	Biceps / Triceps is a dual function machine for exercising the biceps and triceps muscles. Resistance is adjusted through the help of (+) and (-) buttons, even during an exercise.
Features	Natural Transmission resistance mechanism/ Safe, enclosed transmission system/ Adjustable seat.
Resistance	0–66 lbs.Small incremental resistance adjustment. Dual function
Cylinders	2
Max. Inlet Pressure	9.9 bar
Controls	Manually operated, push button valve control, exercise selector switch, analog gauge.
Frame	Welded, lightweight steel frame. Fasteners made of stainless steel. Powder-coated, durable surface. Standard colors white, grey and black.
Upholstery	Ergonomically designed. High-quality artificial leather, abrasion resistant, dirt-repellent, extremely durable and easy to care for. Conforms to the public space fire resistance requirements (approximately 12% CO / PES jersey, 88% PVC combination).
Dimensions (W/L/H)	43 x 41 x 46 in.
Weight	approx: 168 lbs
Noise Level	≤50 dB
Options	Isometric testing, floor mount bracket
Warranty	10 years on frame, 3 years on all other parts, 3 months on upholstery.