

Versa Functional Trainer w/30" Storage

VS-VFT + VS-FTS30



The smart design of our functional trainer provides a remarkable range of exercise options in a space-saving footprint. Incremental weight adjustment and a 1:2 pulley ratio make it easy to control exercise intensity and create progressions right for everyone from deconditioned users to elite athletes. Everything about our functional trainer — from the multi-grip pull-up bar to the color-coded adjustment points to the professionally illustrated exercise placards — offers intuitive operation for users and trainers alike. Optional storage makes it easy to organize and stow accessories for instant access, and the completely enclosed design protects moving parts while creating a solid, cohesive aesthetic on your floor. A 76 cm / 30" connection provides ample storage for functional training accessories. Options include VS-VFT60 heavy stack for an additional 27.2 kg / 60 lbs. of resistance per side, VS-FTHP handle package with four training handles (v-bar, curl bar, ropes, ankle strap) and VS-FTIW 2.2-kg / 5-lb. incremental weight.

- Optional accessory: VS-FTHP Handle package include four training handles
- Clearly indicated adjustments for ease of use
- One-handed pulley adjustment offers easy operation
- Fully enclosed weight stacks protect the machine's internal components
- Enhanced placards highlight targeted muscle groups and proper user positioning for a wide range of exercises
- Compact design accommodates placement in spaces with ceilings as low as 244 cm / 8'
- Optional: VS-VFT60 Heavy stack for added 13.6 kg / 30 lbs. of effective resistance per side
- 1:2 pulley ratio provides smooth operation
- Frame guards protect against chips and scratches
- Multi-position pull-up handles for greater exercise variety
- 76 cm / 30" connection provides ample storage for functional training accessories
- Also available: VS-FTS18 46 cm / 18" connection accommodates optional training handles

| ADJUSTMENTS | |
|---|-----------------------|
| USER ADJUSTMENT RANGE | 18 user start options |
| COLOR CODED PIVOTS & POINTS OF ADJUSTMENT | Yes |

| FRAME & CABLES | |
|--------------------|--|
| CABLE TRANSMISSION | Internally lubricated cables & fittings |
| MACHINE ANCHORING | Machine anchoring locations |
| FRAME GUARDS | Bolt-on lower guards protect frame from damage |
| FRAME FINISH | Proprietary two-coat powder process |
| FRAME COLOR | Iced Silver |

| TECH SPECS | |
|---------------------------------|--|
| PRODUCT WEIGHT (HEAVY STACK) | 424 kg / 934 lbs. |
| PRODUCT WEIGHT (STANDARD STACK) | 369 kg / 814 lbs. |
| OVERALL DIMENSIONS (L X W X H) | 122.7 x 145.8 x 237.6 cm / 48.3" x 57.4" x 93.5" |

| USER AMENITIES | |
|-------------------------|---|
| PERSONAL STORAGE | Bottle holder, storage area and towel holder (towel holder on rep counter only) |
| PLACARD COLOR CODING | Yellow (upper body), Blue (lower body), Green (core) |
| PLACARDS | Muscle call outs, color-coded, start & finish exercise illustrations |
| MULTI-GRIP PULL-UP BARS | Various grip angles for variety of exercise |
| ACCESSORY STORAGE | Integrated storage for attachments, incremental weights, and optional accessories |

| WARRANTY | |
|---------------------------------|----------|
| LABOR | 3 years |
| ACCESSORIES | 6 months |
| UPHOLSTERY/CABLES/GRIPS/SPRINGS | 1 year |
| OTHER ITEMS NOT SPECIFIED | 3 years |
| PULLEYS & PIVOT BEARINGS | 5 years |
| WEIGHT STACKS | 5 years |
| FRAME AND WELDS (NOT COATINGS) | 10 years |

| WEIGHT STACK | |
|-----------------------|--|
| STANDARD STACK | 68 kg / 150 lbs. (34 kg / 75 lbs. per side) |
| HEAVY STACK | 95 kg / 210 lbs. (47.5 kg / 105 lbs. per side) |
| INCREMENTAL WEIGHT | 5 lbs (2.3 kg) |
| WEIGHT STACK GUARDING | Full front and rear shields |