

Go Series Seated Leg Curl

GO-S72

Our seated leg curl offers a simplified way for new users to strengthen their lower body. Space-saving design includes an extra-large seat for support, a self-adjusting ankle pad for comfortable starts, and adjustable range of motion so users can build strength in a way right for their body.

- Low stack height allows users and staff to easily see through a facility.
- Neutral hand hold positions increase user comfort and make thigh pad adjustment simple.
- Large oversized seat provides comfort and confidence during use.
- Compact footprint, combined with a stack-to-stack design, allows for more products in a smaller space.
- Large color-coded placard helps users identify muscles targeted (upper, core, lower body), as well as start/finish positions and adjustments (if applicable).
- Optional Incremental Weight (GO-IW) available for small 2.3-kg / 5-lb. weight increments.
- Self-aligning ankle pad improves comfort without requiring user adjustment.
- Range of motion adjustment allows users to find a comfortable start position for their bodies.



| ADJUSTMENTS | |
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| COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT | Yes |
| USER ADJUSTMENT RANGE | 5-position ankle pad, 9-position thigh pad |

| FRAME & CABLES | |
|-----------------------------|--|
| CABLE TRANSMISSION | Internally lubricated cables and fittings |
| FRAME FINISH | Proprietary two-coat powder process |
| AVAILABLE FRAME COLOR | Iced Silver, Matte Black, Graphite Grey, Gloss Black, Polarized Titanium, Lace White |
| MACHINE ANCHORING LOCATIONS | Yes |

| TECH SPECS | |
|-------------------------------------|--|
| PRODUCT WEIGHT | 198 kg / 436.5 lbs |
| OVERALL DIMENSIONS (L X W X H) | 128 x 109 x 137 cm / 50.5" x 43" x 54" |
| MAX "IN-USE" DIMENSIONS (L X W X H) | 128 x 128 x 137 cm / 50.4" x 50.4" x 54" |
| MAX USER WEIGHT | 159 kg / 350 lbs. |

| USER AMENITIES | |
|-----------------------|--|
| PERSONAL STORAGE | Bottle holder and storage area |
| FRONT PLACARDS | Muscle call outs, start and finish exercise illustrations, adjustment points |
| PLACARD COLOR CCODING | Blue (lower body) |

| WEIGHT STACK | |
|-----------------------------|-----------------------------------|
| TOTAL STACK WEIGHT | 54 kg / 120 lbs. |
| WEIGHT PLATE INCREMENTS | 4.5 kg / 10 lbs. |
| OPTIONAL INCREMENTAL WEIGHT | 2.3 kg / 5 lbs. |
| CONSISTENT STACK HEIGHT | Yes, 137 cm / 54" |
| WEIGHT STACK GUARDING | Full front and rear metal shrouds |