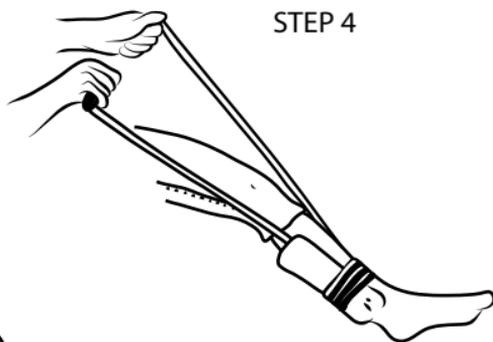
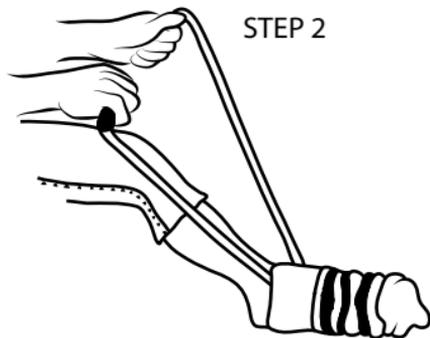


Sock Aid Instructions



Instructions

1. Begin in a seated position with your feet on the floor. Hold the Sock Aid in one hand, resting on the knee. (STEP 1) Draw the sock completely onto the aid and at least halfway up the length of the plastic trough.

2. Flip the Sock Aid out in front of the foot and let it drop onto the floor. Insert toes through opening. (STEP 2)

3. Pull straight back on the cords until the sock covers the toes. Begin pulling at an upward angle toward the ceiling so that the sock can be reached. (STEP 3)

4. Continue pulling on the cords until the sock is pulled up or until the stocking can be reached. The Sock Aid will pull out of sock at about mid-calf. (STEP 4)

The cords of the Sock Aid may be cut to shorten their length. Retie each cord end to prevent unraveling.