

## Ultra Seated Leg Curl

G7-S72

The Ultra Seated Leg Curl strengthens hamstrings with a design that's intuitive, comfortable and powerful in one. Back pad, tibia pad and range-of-motion adjustments are all easily accessible from the seated position. An angled seat and a unique pivot location encourage full hamstring contraction. The gas-assisted adjustable thigh pad and thumb-switch controls make setup easy, while a contoured thigh pad makes even heavy sets comfortable.

Also available in [Ultra Base option G7-S72B](#).

- The optional Intelligent Training Console features Endurance, Build and Strength programs to give members a guided training experience specific to their goals
- Back pad, tibia pad and range-of-motion adjustments are easily accessible from a seated position
- Angled seat and unique pivot location encourage full hamstring contraction
- Soft contoured thigh pad provides optimal comfort during use
- Gas-assisted adjustable thigh pad and thumb switch control allow easy user setup

| ADJUSTMENTS                               |   |
|---|---|
| USER ADJUSTMENT RANGE                     | 8 position back pad, 5 start positions, 4 position ankle pad, 10 position thigh pad (including top rest position) |
| MACHINE ASSISTED USER ADJUSTMENTS         | Spring assisted back pad  |
| COLOR CODED PIVOTS & POINTS OF ADJUSTMENT | Yes   |

| FRAME & CABLES             |   |
|----------------------------|---|
| CABLE TRANSMISSION         | Internally lubricated cables & fittings                               |
| FRAME FINISH               | Proprietary two-coat powder process                                   |
| MACHINE ANCHORING          | Independent machine hold down brackets                                |
| INTEGRATED LEVELING SYSTEM | Yes, top-down leveler   |
| AVAILABLE FRAME COLORS     | Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium |

| TECH SPECS                              |   |
|---|---|
| REP COUNTER BATTERY LIFE                | Approximately 3 years                                   |
| REP COUNTER POWER SUPPLY                | 2 AA batteries  |
| OVERALL "IN-USE" DIMENSIONS (L X W X H) | 148.5 x 117 x 135 cm / 58.4" x 46" x 53"                |
| OVERALL "STATIC" DIMENSIONS (L X W X H) | 148.5 x 117 x 135 cm / 58.4" x 46" x 53"                |
| REP COUNTER MACHINE USAGE TRACKING      | Service mode tracks total machine reps and hours of use |
| PRODUCT WEIGHT                          | 314.7 kg / 694 lbs.                                     |

| USER AMENITIES       |   |
|----------------------|---|
| PERSONAL STORAGE     | Two tactile storage mats, personal device cradle and towel hook   |
| REP COUNTER          | Electronic counter displays reps, exercise time and rest time   |
| PLACARD COLOR CODING | Blue (lower body)   |
| FRONT PLACARDS       | Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification |
| CONTOURED SEAT       | Yes   |
| REAR PLACARDS        | Color-coded machine identification, exercise specific stretching  |

| WEIGHT STACK                |                                    |
|-----------------------------|------------------------------------|
| CONSISTENT 53" STACK HEIGHT | Yes                                |
| WEIGHT STACK GUARDING       | Full front and rear shields        |
| MAX TRAINING WEIGHT         | 93.4 kg / 207.5 lbs                |
| INCREMENTAL WEIGHT SYSTEM   | 1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs |
| WEIGHT PLATE INCREMENTS     | 4.5 kg / 10 lbs                    |
| TOTAL STACK WEIGHT          | 90 kg / 200 lbs.                   |