

Measure calf circumference 8" up from the bottom of the heel. Measure foot circumference around the metatarsal. If measurements indicate different sizes, choose the larger size.

| Calf Circumference | Foot Circumference |
|--------------------|--------------------|
| B = 10" - 14" | B = 7" - 9" |
| C = 14" - 16" | C = 9" - 11" |
| D = 16" - 21" | D = 11" - 13" |
| E = 16" - 21" | E = 13" plus |